University of Engineering & Technology, Taxila

(proforma for medical history)

Part -A (Personal Information) To be filled by Student

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| **Name:** | **Father’s Name:** |
| **Dato of Birth:** | **CNIC:** |
| **Reg\_No:** | **Gender: Male Female** |
| **Department:** | **Current Semester:** |
| **Contact** | **Contact Parent:** |
| **Address:** | |

Part -B (Family Medical Detail) To be filled by Student and verified by Recognized Medical Professional RMP

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| Family History of any Medical Psychiatric Illness |  |
| Past Medical and Surgical History, if any |  |
| History of substance abuse in family |  |
| Decreased appetite and loss of weight |  |

Part -C (Self Medical Detail) To be filled by Paramedic Staff

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| Over General Physical Health on Appearance |  |
| Height |  |
| Weight |  |
| Blood Pressure |  |
| Temperature |  |
| Pulse Rate |  |
| Respiratory Rate |  |
| Any obvious structural abnormality on inspection |  |
| Any Superficial cuts, needle marks, or burn marks on skin |  |

Part –D-1 (General Mental Health) To be filled by Psychiatrist

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| General Appearance and behavior especially self-care, report building. Understanding of situation and response to questions and instructions. |  |

Part –D-2 (General Mental Health) To be filled & authenticated by concerned Institution

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| Past psychiatric history, if any |  |
| History of smoking and other substance/drug abuse |  |
| A decline in academic performance |  |
| Manifestation of risky behaviors e.g. increased frequency of vehicle accidents, frequent school fight, keeping some weapons like knife etc. |  |
| Habit of running away / bunking routine classes |  |
| History of stealing, late coming in classes. Involvement in sexual activities. |  |
| Keeping bad company / friends with habits of bullying using drugs or fights. |  |
| Decline in other activities of interest / hobbies |  |
| Abrupt change in daily routine. |  |
| Disturbed sleep/wake cycle/habit of dozing in the classes |  |
| Social media post/other pointers of interest towards substance/drug use e.g. tattoos, stickers on vehicle books etc. |  |
| Increased frequency of mood swings or increased irritability |  |
| Lack of physical energy and motivation, easy fatigability |  |
| Decline of self-care |  |
| Unusual suspiciousness or any other unusual / unexplainable behaviors |  |
| Decline in socialization |  |
| Unusual protective behaviors /being over secretive behavior regarding personal belongings |  |
| Evidence or remains of cigarettes / other objects of use, employed in taking drugs, inside his / her personal belongings |  |

Part –E (Is applicable in case of positive initial Risk Assessment)

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| 1. **Structured Formal Psychological Assessment**   Proceed to this or referral for his only if there is increased risk of substance use suspected on the basis of above mentioned General Health Profile. |  |
| 1. **Urine drug Screening test**   Employ this for confirmation if formal Psychological Assessment confirms the suspicion of substance use found on screening by General Health Profiling. |  |